

# BACKPACKING / HIKING CHECK LIST



**KANGAROO**  
Tent City & BBQs

Where you carry everything in a backpack -  
for school camps & travellers going  
overseas or around Australia

## Serious Outdoors

### HEAD OFFICE NTH PARRAMATTA:

596a Church Street  
Parramatta  
NSW 2151  
Phone: 9630 2888  
Fax: 9630 2493

### PENRITH:

Penrith Trade Centre  
Cnr Mulgoa & Blaikie Rd  
South Penrith  
NSW 2750  
Phone: 4733 4111  
Fax: 4733 1798

### CHATSWOOD:

165-167 Victoria Ave  
Chatswood  
NSW 2067  
Phone: 9884 9199  
Fax: 9884 9099

### TUGGERAH:

Homemakers Supa Cntr  
Cnr Wyong Rd &  
Bryant Drive  
Tuggerah  
NSW 2259  
Phone: 4353 4335  
Fax: 4353 4408



www.diamantina.net.au  
TENTS FOR AUSTRALIA

ABN 33 007 776 356

Lightweight hiking tent, no more than 3kg		Water bottle / water purification tablets	
Poles, pegs, ropes		Compact First Aid Kit	
Backpack with padlocks and name tags 55ltr - 90ltr		Plastic rubbish bags	
Compact sleeping bag with inner sheet		Compass	
Compact pillow		Energy food / canned food	
Foam bed / self inflating mattress		Power plug adaptors for country visiting	
Hiking stove and lantern - butane / metholated spirits / lighter fuel operated		Passport, Airline or Train tickets,	
Gas cartridges		Travel documents in travel pouch	
Compact headlamp or torch & batteries		Visas	
Mantles for lantern & matches		Sunglasses & hat	
Knife, fork, spoon set		Insect repellents, sunscreen	
Compact can opener		Reading material	
Compact cook set with frypan / saucepan		Mozzie net over bed	
Dish cloth, tea towel		A desire for adventure	
Pegless clothes line		Camera and film	
Laundry bag for inside backpack		Pens and paper	
Money belt		GPS	
Travel towel		Backpack hydration kit	
Lonely Planet book / Accommodation Guide and maps		Thermal emergency blanket	
Pocket calculator for currency exchange		Pocket survival SAS guide book	
Swiss army knife / leatherman tool			
Compact folding stool			
Toilet paper			
Clothing, swimmers, clean undies & socks			
Rain jacket			
Thermal underwear			
Toiletries			
Quality hiking boots or sandals & thick socks			
Cargo pants or shorts			

Visit [www.kangarootentcity.com.au](http://www.kangarootentcity.com.au) for more helpful hints

Email: [info@kangarootentcity.com.au](mailto:info@kangarootentcity.com.au)